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## **Transitional Assistance & Design Founder Gets Hands-On Sensory Experience of Being “Old Like Me”**

### ***Simulation Exercise Lets Move Manager “Walk in the Shoes” of 75-to-85 Year Old Clients***

Gaithersburg, MD (January 17, 2011) – Susie Danick, founder and co-owner of [Transitional Assistance & Design](http://www.helpseniorsmove.com), has been helping seniors plan, prepare, and transition into new living spaces for over ten years. At the recent NASMM conference, Susie participated in the exclusive Intensive Certificate Program, which is designed to simulate the diminished abilities associated with later life. This training provided her unique opportunity to literally “walk in the shoes” of an older adult through a series of hands-on exercises and comprehensive sensory perception education.

The hands-on training experience, “Old Like Me”, is designed to give move managers and care givers a better understanding of the special needs of older adults. Participating in the Intensive Certificate Program allowed Susie and her colleagues to experience, firsthand, the sensory losses associated with aging and their impact on aging well, become more aware of disabling factors, hazards, barriers, and conditions that can ultimately influence quality of life, and develop a heightened awareness of the hidden, but complex barriers that guide how move managers serve their senior clients.

“A significant part of what we do for our clients is recreating the environment they are familiar with in their new home,” said Susie. “Sure, our clients appreciate our move services, but one of the most appreciated aspect is how we help them smoothly transition to an unfamiliar living space by re-creating and re-designing their new home in a way that’s familiar, especially when working with clients who have sight limitations, Alzheimer’s, or limited mobility. Taking part in this certification was a good reminder of what our older clients feel and experience every day and more in touch with ways we can make their homes senior-friendly, safe, accessible, and organized in a familiar way.”

The Intensive Certificate Program was conducted by Dr. Vanessa M. Dazio, who also serves as the president of SAFE Aging.

Susie and her team are among the most experienced in the nation when it comes to providing move-related services with over 400 moves each year. For more information Transitional Assistance & Design and how the team can help you or a loved one with move-related services, visit [www.helpseniorsmove.com](http://www.helpseniorsmove.com).

#### ***About Transitional Assistance & Design***

Transitional Assistance & Design, LLC are the experts in move management. The company specializes in “rightsizing”, moving, and decorating services for aging adults and others moving to a new home. Founded in 2000 by Susie Danick, a Registered Nurse by trade, the Gaithersburg, Maryland-based company offers a variety of services to help make home relocations and the otherwise overwhelming and traumatic experience of downsizing go as smoothly as possible. Transitional Assistance & Design is a member of the National Association of Senior Move Managers (NASMM). Ms. Danick is also a past president and former member of the association’s Board of Directors. To learn more, visit [www.helpseniorsmove.com](http://www.helpseniorsmove.com).